SEWARD COUNTY COMMUNITY COLLEGE COURSE SYLLABUS

I. TITLE OF COURSE: BH2313- Abnormal Psychology

II. COURSE DESCRIPTION: Three credit hours Three credit hours of lecture and Zero credit hours of lab per week.

Abnormal Psychology is an introductory scientific study of behavior pathologies which, given the appropriate context, represent impaired functioning. The course examines the emotional, behavioral, and cognitive aspects of a wide range of behaviors. Emphasis is placed on the identification and diagnosis of symptoms; the biological, psychological, and sociological factors correlated with maladaptive behavior, as well as treatments available for specific disorders. Additionally, the course emphasizes the social, cultural, and legal outcomes of behaviors which differ from social norms and expectations. Further, the course examines the use of labels in describing individuals, myths and fallacies regarding specific maladaptive behaviors, and stresses respecting the dignity and worth of individuals afflicted with disorders.

For each unit of credit, a minimum of three hours per week with one of the hours for class and two hours for studying/preparation outside of class is expected.

Pre-requisite: None

III. PROGRAM AND/OR DEPARTMENT MISSION STATEMENT:

Division Statement: The mission of Humanities and Social Sciences is to foster an appreciation of the role that the Humanities and Social Sciences has played in the evolution of civilized society and to explore the ways that an understanding of theory and practice in philosophy, the social sciences, the fine arts, and written and oral expression will enable students to participate thoughtfully in a global society.

Department Statement: The mission of Behavioral Sciences is to provide opportunities to improve and enhance each student's understanding and comprehension of the forces that have shaped and influenced the human condition.

IV. TEXTBOOK AND MATERIALS:

Barlow, David H., and V. Mark Durand, The Essentials of Abnormal Psychology, 7th ed. Boston: Cengage Learning, 2016.

V. SCCC OUTCOMES

Students who successfully complete this course will demonstrate the ability to do the following SCCC Outcomes.

I: Read with comprehension, be critical of what they read, and apply knowledge gained to real life

II: Communicate ideas clearly and proficiently in writing, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.

III: Communicate their ideas clearly and proficiently in speaking, appropriately adjusting content fand arrangement for varying audiences, purposes, and situations.

VI. COURSE OUTCOMES:

1. Evaluate information on principle proponents of psychological disorders using accepted methods of scientific inquiry.

2. Demonstrate understanding of the biological basis of behavior including the physiology of the brain and nervous system.

3. Demonstrate understanding of the cognitive process impact on maladaptive behaviors.

4. Demonstrate a model exemplifying the difficulty created by attempts to separate the physical and psychological variables in maladaptive behavior.

5. Illustrate how some psychological symptoms may be the result of factors which call for a biomedical treatment rather than, or in addition to, psychological treatment.

6. Identify symptoms of a wide variety of psychological disorders and describe the current interventions.

7. Demonstrate an understanding of the subjective experiences of persons exhibiting maladaptive behavior.

8. Describe the origins of disturbances and analyze methods of preventing or avoiding their development.

9. Analyze the advantages, dangers and pitfalls of applying labels to individuals.

10. Explain the critical legal, ethical and social issues surrounding maladaptive behaviors in today's society.

11. Demonstrate an understanding of psychosis in regards to classification and advantages/disadvantages.

12. Recognize types of psychosis and be aware of prevention and appropriate treatment methods.

13. Demonstrate an understanding of the major theories of personality.

14. Describe etiology and symptomalogy of psychological disorders.

VII. COURSE OUTLINE:

- 1. Abnormal Behavior in Context
- 2. Models of Psychopathology
- 3. Assessment and Diagnosis
- 4. Anxiety Disorders
- 5. Somatoform and Dissociative Disorders
- 6. Mood Disorders
- 7. Schizophrenia
- 8. Personality Disorders
- 9. Developmental Disorders

VIII. INSTRUCTIONAL METHODS:

- 1. Lecture, discussion, and demonstration
- 2. Group discussion
- 3. Group Interaction Activities
- 4. Small-group projects

IX. INSTRUCTIONAL AND RESOURCE MATERIALS:

1. Text

Library Resource Materials
DSMV

X. METHODS OF ASSESSMENT:

Outcome 1:

1. Students will be required to read the textbook, as well as other assigned reading.

2. Students' comprehension, critical analysis, and ability to apply their new found knowledge will be assessed by classroom discussion, the completion of a written project, structured writing assignments, and objective tests.

Outcome 2:

1. Students will be required to complete a written project as well as complete structured writing assignments.

Outcome 3:

1. Students' critical thinking skills will be evaluated through classroom discussion, small group discussion, collaborative exercises, structured writing assignments, and a written project requiring factual, rational, and insightful analysis of human behavior.

XI. ADA STATEMENT:

Under the Americans with Disabilities Act, Seward County Community College will make reasonable accommodations for students with documented disabilities. If you need support or assistance because of a disability, you may be eligible for academic accommodations. Students should identify themselves to the Dean of Students at 620-417-1106 or going to the Student Success Center in the Hobble Academic building, room 149 A.

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